

**Screening, Brief Intervention, and Referral to Treatment (SBIRT): An approach to alcohol and drug use prevention for high school students in Southeastern Wisconsin**

**TRIUMPH Intern Presentation  
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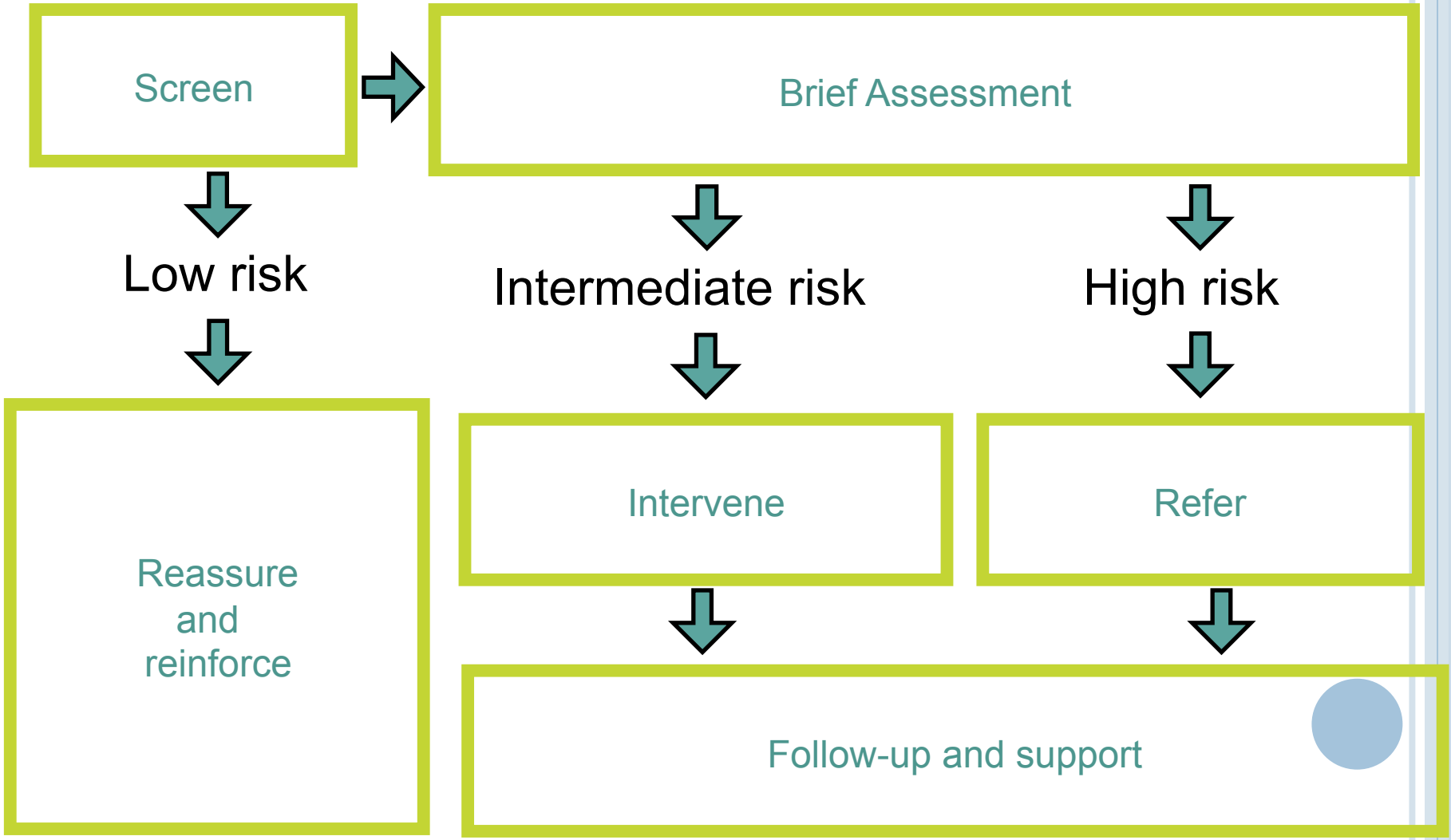
# WHAT IS SBIRT?

- Comprehensive, integrated, public health approach to deliver early intervention and treatment services for persons with substance use disorders and those at risk of developing these disorders.

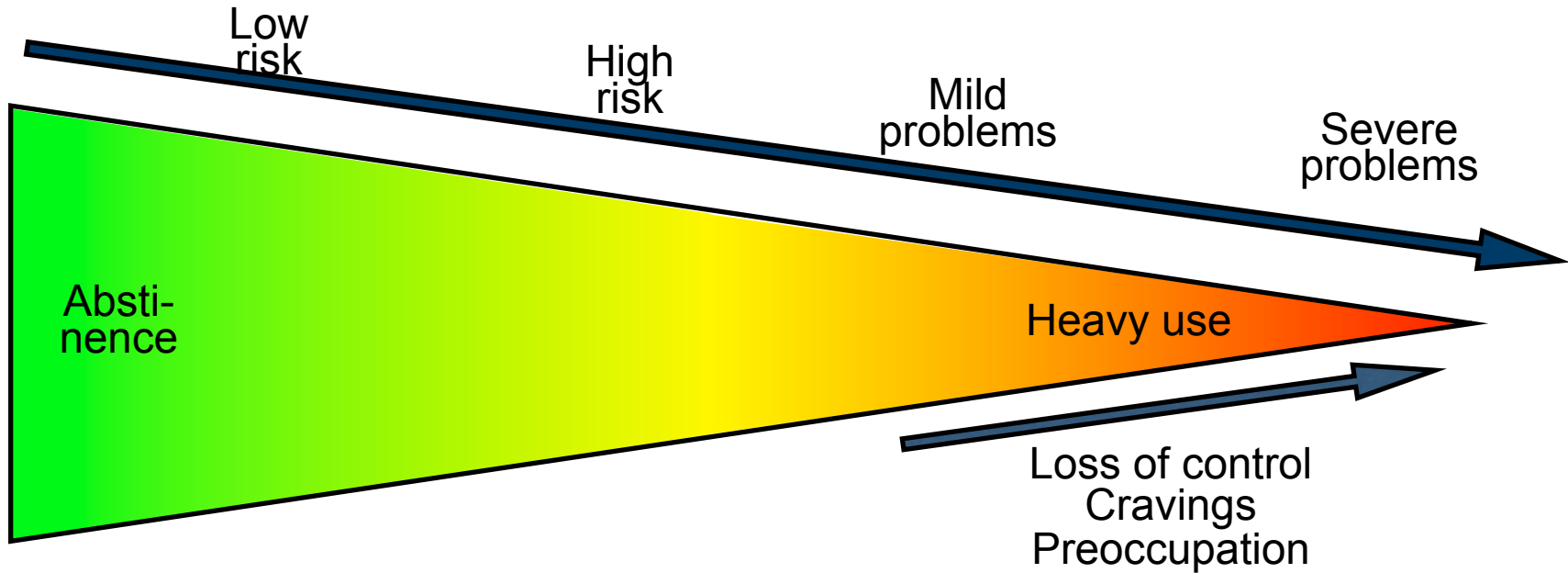
Reference: Substance Abuse and Mental Health Services Administration (SAMHSA)



# SBIRT



# CONTINUUM OF SUBSTANCE ABUSE



- UNIVERSAL SCREENING IS IMPORTANT BECAUSE MANY MORE FALL AT THE HIGH RISK AND MILD PROBLEMS THAN SEVERE PROBLEMS

REFERENCE: MANWELL, JOURNAL OF ADDICTION, 1998

# METHOD: CRAFFT

- Car
- Relax
- Alone
- Forget
- Family/  
Friends
- Trouble

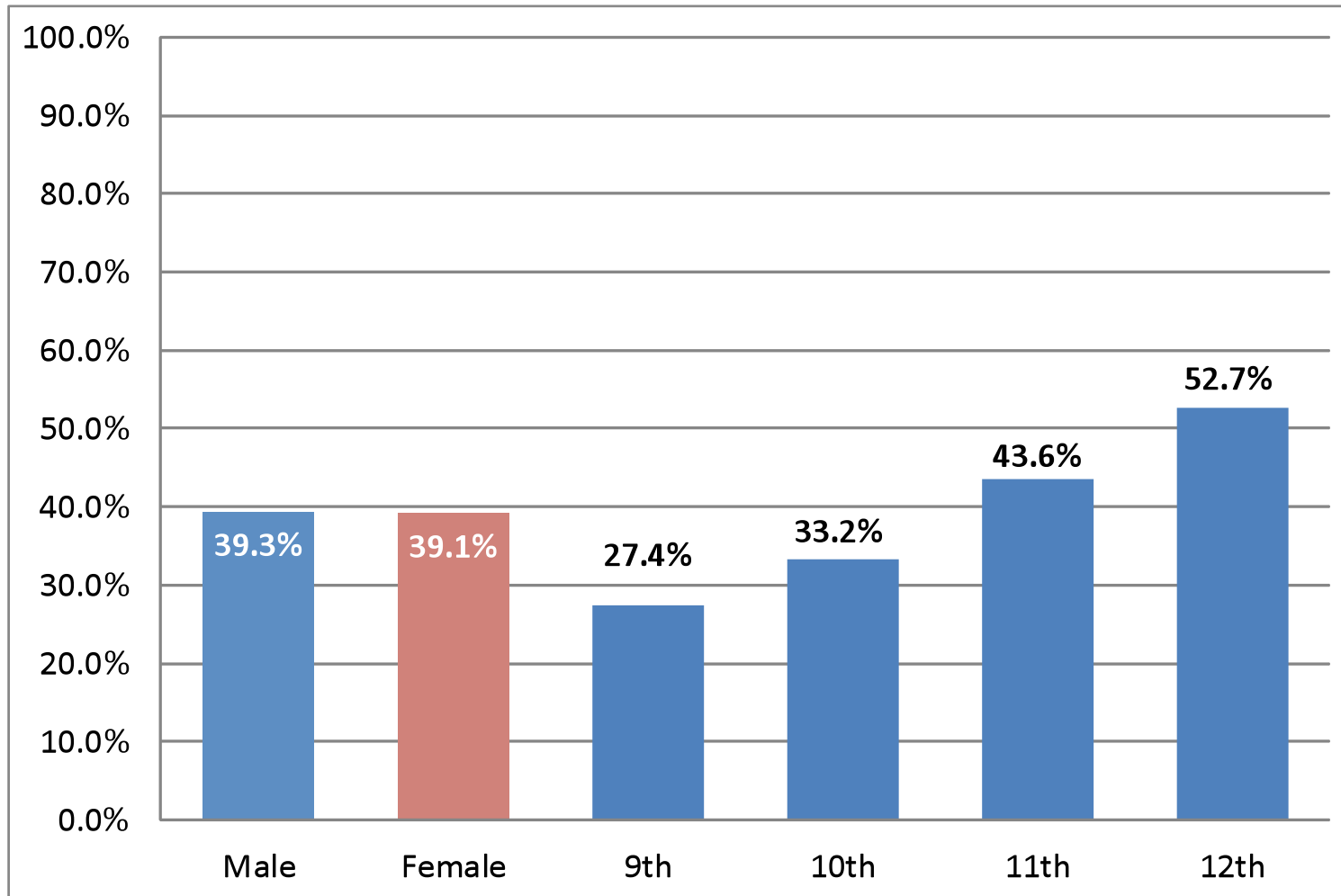
# WISCONSIN'S PROBLEM

In the Youth Risk Behavior Survey, the Centers for Disease Control ranked Wisconsin:

- 1<sup>st</sup> in the rate of current alcohol use among youth.
- 3<sup>rd</sup> in the rate of binge drinking among youth
- 4<sup>th</sup> in the rate of youth who rode with a driver who had been drinking
- 5<sup>th</sup> in the rate of youth who drove after drinking.

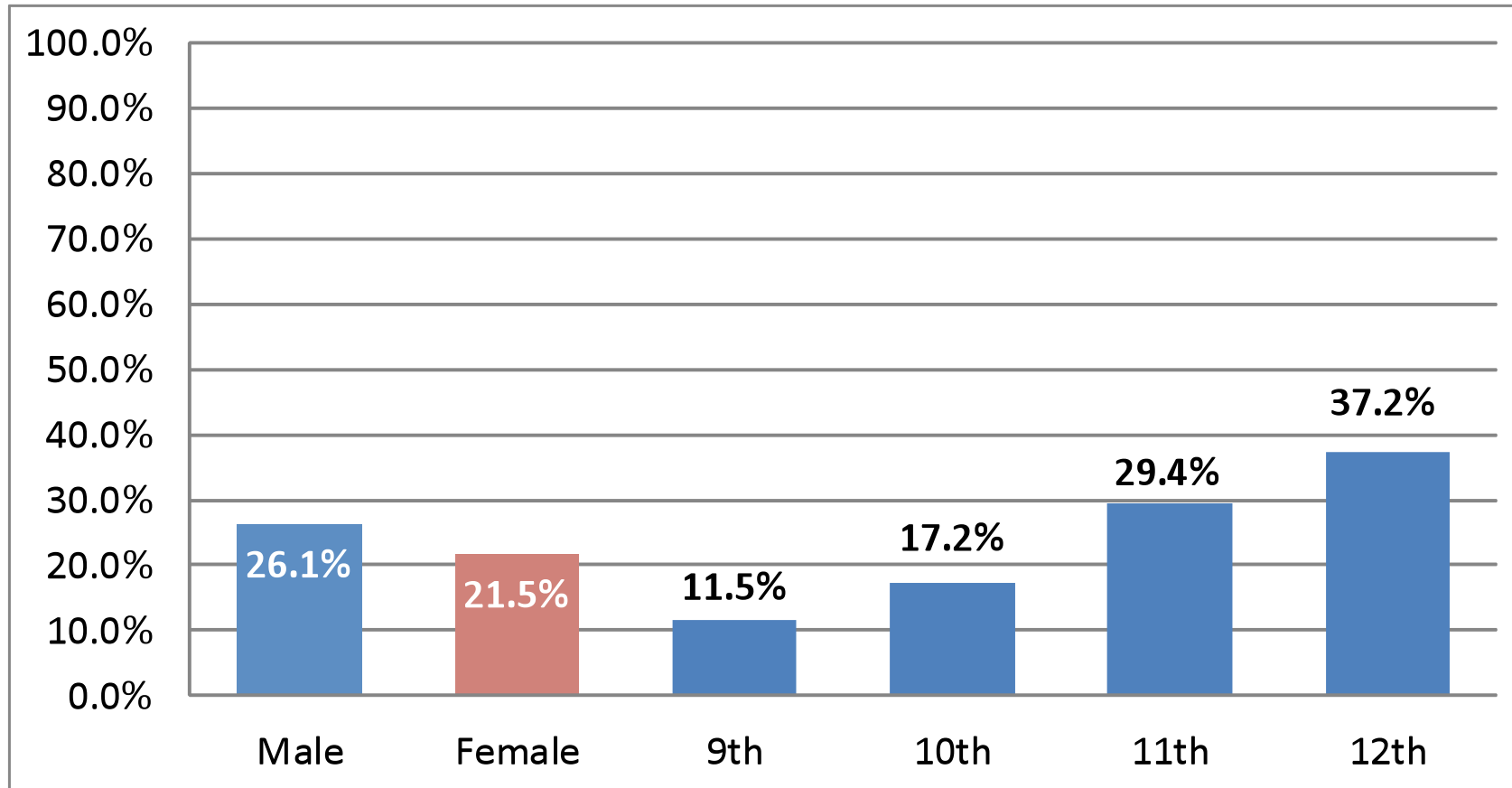


# THE PROBLEM: ALCOHOL USE



REFERENCE: CDC YOUTH RISK BEHAVIOR SURVEY

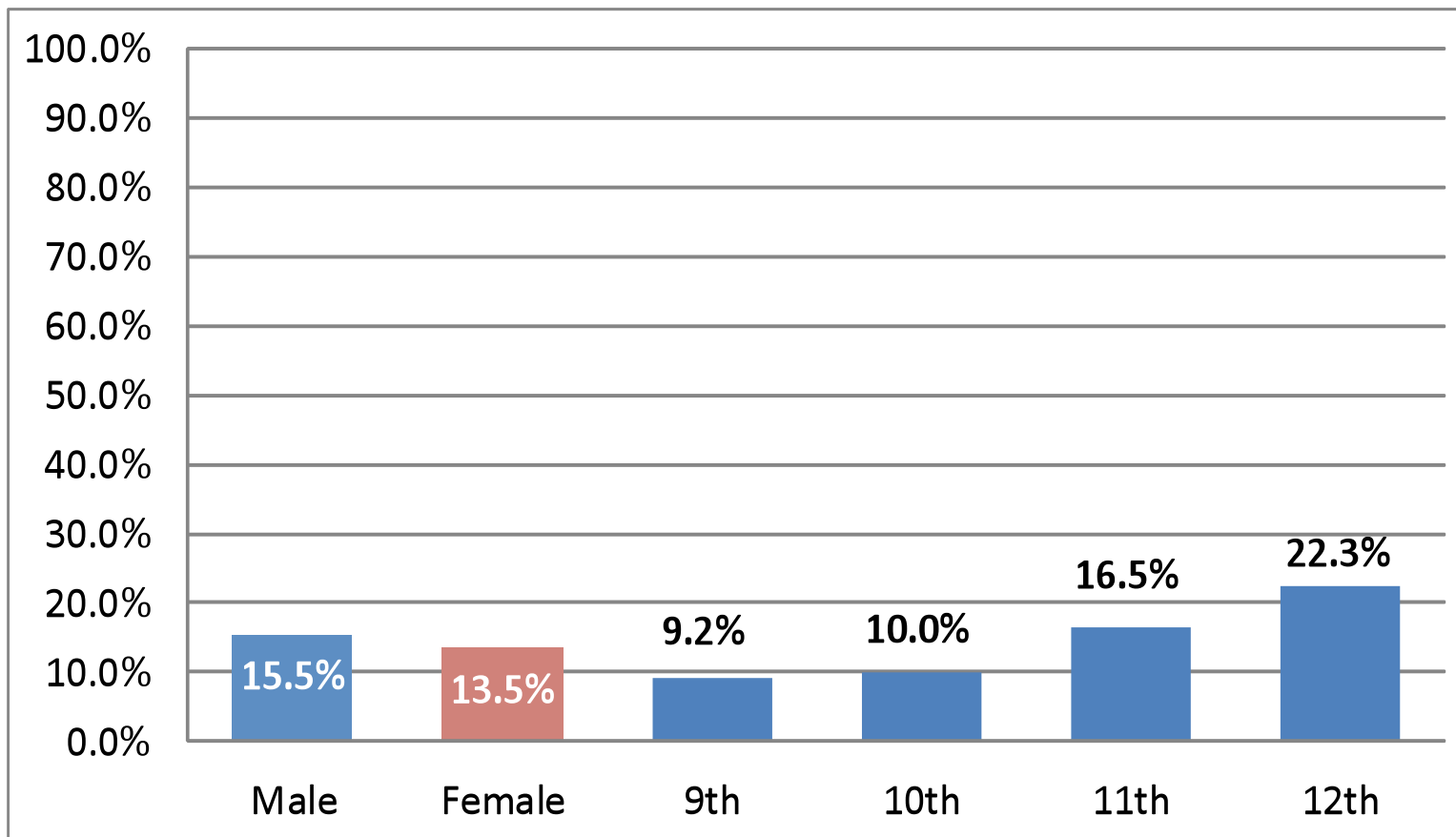
# THE PROBLEM: BINGE DRINKING



REFERENCE: CDC YOUTH RISK BEHAVIOR SURVEY

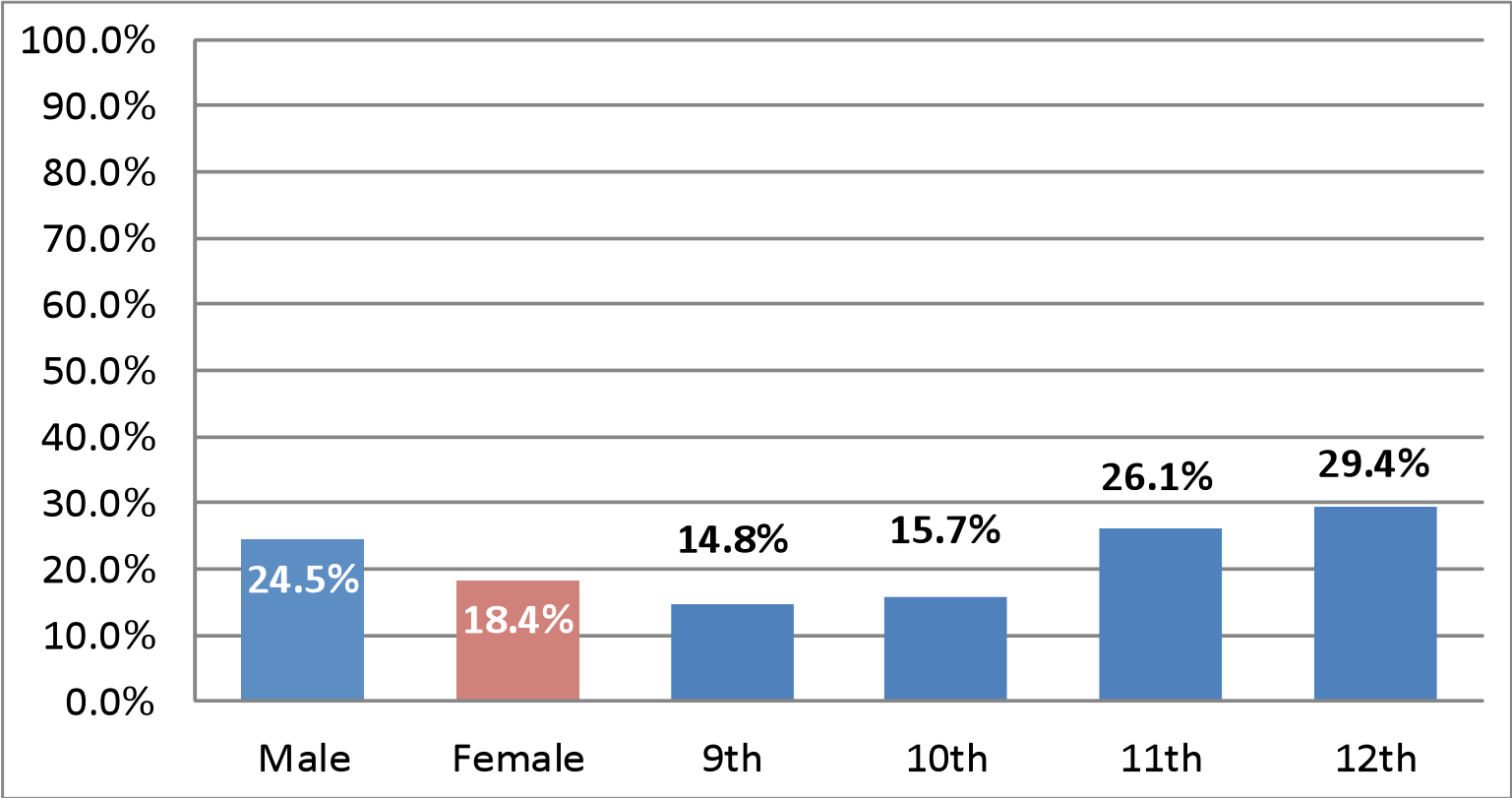


# THE PROBLEM: CIGARETTE USE



REFERENCE: CDC YOUTH RISK BEHAVIOR SURVEY

# THE PROBLEM: MARIJUANA USE



REFERENCE: CDC YOUTH RISK BEHAVIOR SURVEY

# ALLIANCE FOR WISCONSIN YOUTH (AWY)

- Focus of promotion of positive youth development since 1999
- Funded by drug offense citations in each county
- 5 Regional Prevention Centers:  
Southeastern, Northern, Northeastern,  
Southern and Western



# AWY- SOUTHEAST REGION

- Jefferson, Kenosha, Milwaukee, Ozaukee, Racine, Walworth, Washington and Waukesha Counties
- Jewish Family Services
- The Planning Council for Health and Human Services



# AWY-SE SBIRT GRANT

- April 1, 2012 – March 31, 2013 = \$50,000
- Wisconsin Partnership Program  
(University of Wisconsin School of  
Medicine & Public Health)
- April 2014 - Possible \$300,000  
implementation grant



# PROGRAM OBJECTIVES

- Increase AWY-SE coalition members understanding of SBIRT process, utility and benefits.
- Help AWY-SE recruit partners and identify barriers to implementation and strategize solutions.
- SBIRT implementation agreements are secured from a minimum of six communities.



# PLEASANT SURPRISE.....

- The Prevention Network of Washington County coalition had school districts that were very eager to start implementing SBIRT in their schools.
- With additional funding from the United Way and the coalition, Hartford and Kewaskum school districts were able to pilot SBIRT.



# LOGISTICS FOR ADMINISTERING SBIRT

- Parents were sent a letter discussing SBIRT and giving them the option for their child to “opt out” of the screening.
- The United Way gave an \$8,000 grant to create a computer software program that could administer the CRAFFT questionnaire. Students completed the survey independently first. Then the questionnaire was reviewed with the student by a trained evaluator.
- All 9<sup>th</sup> grade students were screened. This grade level was chosen due to the fact that all 9<sup>th</sup> graders are required to take health class. This allowed the screeners to remove each student one by one for 20 minutes to be evaluated.
- Students were found to need referrals were encouraged to discuss this with their parents.
- Approximately 500 students were screened in Washington County.





# NEXT STEPS

- Letter of commitment received from Jefferson County, Racine County, Waukesha County, and Washington County.
- Applying for the implementation grant.



# ACKNOWLEDGEMENTS

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